

**School Health Advisory Meeting
September 8, 2022, 4:00p.m.
DISD Board Room**

Meeting Minutes

Welcome and Introduction

Jerri Bone began the meeting at 4:00 pm and welcomed twelve members. Committee members introduced themselves.

COVID Return to School Policy

Rachael Ricker

Jessica Sheppard presented for Rachael Ricker. She provided the updated district COVID Protocol and stated that it was sent to all families in the district. During the first two weeks of school, approximately 70 cases were reported. Third week, 30 cases were reported. The school accepts doctors note or at home test for positive COVID confirmation. At home tests must include student name and date of test. Close contact has been removed.

Committee members asked if the water fountains will be turned back on, especially in the PE areas.

Texas Department of Transportation

Monica Yates

Monica Yates was not in attendance so the presentation was postponed

AAP/AHA Training for nurses on Youth Tobacco

Dr. Jeannine Hatt

Dr. Hatt was not in attendance. Jerri presented information for district nurses. The American Academy of Pediatrics, with funding from the American Heart association, is providing trainings for school health personnel on identifying youth tobacco use and supporting cessation. Two fall trainings, October 5, 2022 and December 5, 2022. will be offered. Jessica stated that she and Rachael are signed up for the December meeting.

Juul has been fined 4.5 million for marketing to teens. Mrs. Bach stated that the high school is seeing more THC vaping since marijuana has been legalized in Oklahoma. On school grounds, the charge is an enhanced felony.

Mental Health Update & Survey Results

Jackie Melancon

Staff and students were surveyed in May 2022. Responses were lower than normal because it occurred the week of testing. Concerns of students regarding drug/alcohol use, self-harm, and eating disorders decreased. This year the survey defined self-harm. From the open responses the previous year, many students were requesting support and counseling. Mrs. Melancon reviewed mental health services provided at the campus level. Student supports include Quaver SEL for each elementary school, Tele behavioral health in 5th – 12th, and Communities in

Schools Site Coordinators at SMS and DHS. Teacher supports include summer training offerings, Thrive Safe & Healthy Spaces Tips and Tricks, Here for Texas information, district based professional development opportunities, and support groups for teachers that include educational and personal support. Parent supports include www.ParentGuidance.org and mental health resources shared by SMS PTO. The new crisis line was shared and has been posted.

Food Service Plans for 2022-23

Debbie Hosford

Debbie Hosford, Food Service Director, reported that menus have gone back to pre-COVID formats. They no longer offer grab and go meals. Almost all campuses are coming back to the cafeteria. All PK-6th students receive free meals through CPE. Grades 7-12 do not have universal free/reduced meals as an option. Food service is encouraging all students at SMS and DHS to submit a free/reduced meal application.

Other Issues/ Comments

The district is looking closely at school safety. Other districts are reporting incidences of bullying. Mel Erwin reported that it seems less this year than previous years.

The Grayson County Health Department continues to provide immunizations for student by appointment only. Families have to wait 8-12 weeks for an appointment. This delay is prohibiting students from attending school. Dr. Hatt and Dr. Hayes organized an immunization clinic for Head Start students before school began in August. The Grayson County Health Clinic also provides an avenue for students to receive immunizations, which allows families to get appointments within a few days. Jessica Sheppard reported that Rachael has already scheduled two days in August 2023 to provide onsite immunizations for students prior to the start of school.

Mel Erwin stated that her health beginning of year survey showed 85% of student responses listing their favorite place to be is at home in their room. She stated that a larger variety of responses had been seen in previous years.

Debbie Hosford stated that she learned of the district safety protocols. Campus staff stated they received in-service training at the beginning of the year and have had more drills than previous years. During COVID classroom doors were left open, but with the safety protocols all doors are now locked. Campuses conduct weekly door checks to ensure protocols are followed.

Meeting adjourned at 4:55 p.m.